

# Participation Agreement

Christchurch Freediving Club

## Liability release and assumption of risk

I, \_\_\_\_\_ (print full name) hereby affirm that I have been thoroughly informed of the risk involved with any freediving / breath-hold activity.

\_\_\_\_\_(initial all) I understand that freediving / breath-holding underwater may involve inherent risks including but not limited to hypoxia, marine life injuries, barotraumas, shallow water blackout, drowning or hyperbaric accidents. Treatment of a freediving / breath-hold diving accident victim with these or other injuries may require immediate medical attention and / or hyperbaric oxygen therapy.

\_\_\_\_ I specifically understand that the risk of hypoxic or shallow water blackout is inherent of freediving / breath-hold diving activities, and that I still intend to participate in freediving / breath-hold diving. I agree that I will not freedive / breath-hold alone; I will always freedive with a qualified and competent surface support freediver with me at all times.

\_\_\_\_ I understand that neither the Christchurch Freediving Club, nor AIDA International, nor Freediving NZ, (AIDA NZ Incorporated), nor Christchurch City Council nor their members or representatives, nor any of their respective officers, agents and employees (hereinafter referred to as "Released Parties") may be held liable or responsible in any way for any injury, death or other damages to myself, my family, heirs or assigns that may occur as a result of my participation in this freediving / breath-hold competition or as a result of the negligence of any party, including the Released Parties, whether passive or active.

\_\_\_\_ I agree to hold harmless the Released Parties from any claim or lawsuit by myself, my family, estate, heirs or assigns, arising during or after I participate in the freediving / breath-hold competition, training, course or recreational activity.

\_\_\_\_ I understand that any diving activities are physically strenuous and that I will be exerting myself during this freediving / breath-hold diving competition, training, course or recreational activity, and I expressly assume the risk of any and all injuries, and I will not hold the Released Parties responsible if I am injured as a result of heart attack, panic, hypoxia, hyperventilation, oxygen toxicity, decompression illness, gas embolism, drowning or any other causes of injury or death not specifically stated herein.

\_\_\_\_ It is the intention of \_\_\_\_\_ (print full name) by this written document to exempt and release all of the Released Parties as defined herein, from all liability whatsoever for personal injury, property damage or wrongful death however caused, including but not limited to the negligence of the Released Parties, whether active or passive.

I HAVE FULLY INFORMED MYSELF OF THE CONTENTS OF THIS LIABILITY RELEASE AND ASSUMPTION OF RISK BY READING IT BEFORE SIGNING BELOW ON BEHALF OF MY HEIRS AND MYSELF.

Participant signature: \_\_\_\_\_ name \_\_\_\_\_ date \_\_\_\_\_